

Policy - 8231

Non-Instructional Operations

School Wellness

The McCall-Donnelly School District is committed to providing school environments that promote and protect the health and well-being of its students and staff. The Superintendent, principals, teachers, staff, and designees will ensure compliance with the District Wellness Policy.

The Board encourages all members of the school community to create an environment that supports lifelong habits of healthy eating and regular physical activity through the following goals:

Nutrition

- provide age appropriate nutrition and health education to students through established District curricular;
- provide education and opportunities for all students to select healthy, nutritious food items during the school day;
- meet federal, state and local nutrition requirements for foods vending machines, and exempt fundraisers in schools as outlined by the “Hunger Free Kids Act of 2010” and “Smart Snacks in Schools” guidelines;
- provide nutrition guidelines for all foods available on school campus during the school day; and
- promote the use of healthy choices as rewards for academic performance or good behavior.

Physical Activity

- provide physical education as required by federal, state, and local requirements;
- provide extra-curricular activities that enable students to select from a variety of other active-oriented endeavors; and
- provide time at the elementary level for supervised recess.

Wellness Committee

- establish a District Wellness Committee to ensure that each school complies with the Wellness Policy; the chairperson will be appointed by the Superintendent and will be responsible for reporting the annual progress reports from District schools to the Board;
- establish one District staff member, as identified by the Superintendent, charged with responsibility to ensure each school complies with the local wellness policy requirements;
- meet a minimum of four times per year;
- engage students, parents, staff, food services professionals, health professionals, and other interested community members in the development, measurement,

- implementation, and annual review of the Wellness Policy;
- promote student and staff health and wellness by promoting healthy eating, physical activity, and involvement in wellness programs; and
 - provide educational resources and Wellness Policy implementation evidence to District staff and the public.

Policy History:

Adoption Date: February 2014

Amended: February 2016