

Wellness Committee Meeting Notes

Monday, April 10, 2017

3:30 pm @ Payette Lakes

In attendance: Kristine Maxwell, Melanee Kennell, Karen Marrow, Lynn Swift, Alice Brown, , Cynthia Jepsen, Lewann ball, Lisa Howes, Sally Campbell, Mary Stegner Lyle Nelson, Dina Loras, Susan Buescher, KC Wheeler and Kelly O'Connell,

Missing: Jennifer Gray, Jordan Akers,

Meeting Notes:

1. Minutes reviewed and approved from the previous meeting. Committee has agreed to use OneNote for minutes and agenda to make more accessible to members.
2. Nutritional Promotion throughout the district – Lisa, Mary and Kristine are looking into different ways students can be involved in the decision of the school lunch menus.
3. Mindfulness update – Lyle Nelson agreed if there are any schools that would like St. Luke's to come to their school, they are more than happy to do a small segment.
4. 10 Day Challenge – K.C. and Lyle informed the group that St. Luke's could no longer financially support this. K.C. will ask Susan to fund one month and Kelly will ask Jake to fund the last month. A huge Thank you to Lyle Nelson for personally supporting this challenge.
5. District Budgets - Kelly will ask Jim Foudy to put in a request for 500.00 for next year's budget for the 2017-2018 school year.
6. Green Committee – the Green Committee was been busy writing a grant for grass feed cows. They have been meeting on the Farm to School initiative that the Wellness Committee has spent several years researching. The Wellness Committee thought it would be a good idea to form another committee with representatives from both the Green and Wellness committees to join forces. It would not be a permanent committee in the district. Kelly will contact Jim and Deirdre with this proposal.
7. Milk Update – Lisa informed the committee that the milk issue is here to stay. This was another issue we thought the new committee would be able to tackle.

8. Toothbrushes – Lewanne Ball’s Health Occupations class will be doing a presentation at BRMES in May regarding how to properly brush teeth.
9. Meeting schedule for next year – the committee decided to have more regular meetings throughout the school year.
10. Smarter Lunch Program – Lisa said there was no real news regarding this issue. We will have to wait and see what the new regulations from the USDA will be for next year.
11. Thank you – to Susan Buescher, r for all her years of service to the Wellness Committee and to MDSD. The committee presented her with flowers and a card.
12. To do list:
 - 10 day Challenge
 - Contact Jim Foudy about forming a new committee and having a budget for the Wellness Committee.
13. Next Meeting: tentative date - Monday, Sept. 11, 2017