

EXTRACURRICULAR ACTIVITIES

There are many extracurricular activities for students in the McCall-Donnelly School District from 7th to 12th grade. Additionally, 6th graders may participate in cross-country and wrestling. Students at McCall-Donnelly High School must have a student body card to participate. A physical form must be on file in the office prior to participation. Other requirements apply and a packet of information may be picked up at the office. Students are responsible for completing the required forms prior to participation in each activity. Available programs include drama, quiz bowl, soccer, softball, baseball, football, cross country, volleyball, basketball, wrestling, track, and cheer. Students may only participate in one sport per season, participation in multiple sports during a season is prohibited. The McCall-Donnelly Activities Policy follows. Please review it carefully. Parent and student signatures for the handbook will also indicate agreement with the activities policy.

McCall-Donnelly School District #421 Activities Policy

Activities sponsored by McCall-Donnelly Schools shall be for the benefit of all students. The activities and contests shall be psychologically sound, tailored to the participant's physical, mental, and emotional maturity levels. Activities are for all students who qualify under eligibility requirements and who adhere to the rules set forth by the State (I.H.S.S.A.) and local school officials. Participation in the activity program is a privilege, and shall contribute to the following:

1. The improvement of health, fitness, and general welfare of all individuals participating in a safe, well supervised program,
2. The involvement of the maximum number of students in both supportive and active areas of participation (the middle school has a "no-cut" policy),
3. The teaching of new skills and the offering of opportunities to improve existing skills in order to promote skill and attitude development conducive to participation in lifetime activities.
4. Successfully meeting team and individual objectives.

District and I.H.S.S.A. Regulations

Students who participate in the activity programs in the McCall-Donnelly School District shall be governed by the rules and regulations of the Idaho High School Activity Association, McCall-Donnelly School District's Responsibilities and Rights (Policy 3500), and rules specific to each sport/activity. All ASB recognized clubs or organizations should be subject to these policies, rules, and regulations if the conditions described in the policy exist. Each participant must purchase an athletic pass and have on file the following forms with student and parent/guardian/custodian signatures:

1. The Interscholastic Activity Code.
2. A physical or an interim form,
3. Specific sport/activity safety guidelines,
4. Insurance information,
5. Emergency information and release.

To release for participation following an illness or injury serious enough to require medical care, a student must present to a school official a physician's written release and a "Return to Play" form.

Activity Eligibility

To be academically eligible for activities, MDHS students must be enrolled full-time and have received passing grades (minimum 2.0 GPA with no F's). Heartland high school students are subject to the same academic requirements. Students with an IEP or 504 Plan may be eligible at the discretion of the Principal and Athletic Director or as specified in their IEP or 504 Plan. Dually enrolled students must meet all IHSAA requirements in order to participate. Home/online schooled students will be eligible to participate after meeting all IHSAA requirements for home/online schooled students.

Payette Lakes Middle School Academic Probation: Grades will be checked before practice begins for each sport season or when a student joins a team. Every week grades will be reviewed by the athletic director. If a student is academically ineligible, probation will be effective immediately. Fourth quarter grades from the previous year will be used for initial grade check for fall sports. This includes 6th graders moving to 7th grade. Middle school students who are on academic probation will be required to attend assigned tutorials. During the first week of probation, he or she will be required to practice and compete in games and performances on non-tutorial days. There will be no exceptions. If, after the week of probation and second grade check, the athlete's grades are still not passing, he or she will be removed from probation and be subject to the "beyond the second two-week-no-pass" period procedures. Beyond the Second Two-week no pass period for PLMS:

If the athlete has not raised his/her grade within the required time (one week for middle school), he/she will not be allowed to compete in games but will still be required to practice. Tutorial is required. There will be no exceptions. At the middle school level, students will be allowed to participate in competitions when their grades are acceptable. This will be verified by the principal or athletic director.

McCall-Donnelly High School: Grades will be checked at the beginning of the sports season. The grades of the previous semester will be used for the initial grade check. Every two weeks the athletes' semester grades will be submitted to the athletic director. If a student is academically ineligible, he/she will be automatically put on probation, and required to attend tutorial but will still practice and compete in games and performances if practices do not conflict with tutorial. There will be **no exceptions**. If, after the second week, the athlete's grades are still not passing he/she will be removed from probation and be subject to the following procedure:

Drama Production: A final grade check date will be determined by the drama advisor and athletic director. Student's grades will be checked weekly until the final grade check date. Students not meeting the above academic criteria will be placed on probation until the final grade check date, if they are still not meeting the eligibility criteria they will be declared academically ineligible to participate in the drama production.

Beyond the Second Two-week No-pass Period

If the athlete has not raised his/her present semester GPA to a 2.0 and raised every individual grade to at least a D within two weeks, he/she will not be allowed to compete in games. Tutorial is required. There will be **no exceptions**.

Reinstatement of Eligibility:

- Once a student has become academically ineligible he or she will retain that status for a minimum of one week.
- Notes from teachers will not be sufficient to regain eligibility.
- One week after being declared ineligible, and every week thereafter, the ineligible student's grades will be checked by the athletic director.

- If the student is ineligible due to a GPA under 2.0, the student will become eligible if his or her GPA exceeds 2.0
- If the student is ineligible due to a failing mark(s) in (an) individual subject(s), then the student will become eligible if that (those) grades have improved to passing.
- If the student has been on probation due to a failing grade in a particular subject for two weeks, and ineligible due to a failing grade in another subject, then the student must have passing marks in both subjects to become eligible.
- If the student is now failing a different subject, he/she will be placed on probation for that subject for 2 weeks as indicated above.

Activity Season

The I.H.S.S.A. rules and regulations apply to each student during the defined activity season, which begins with the first practice and concludes with the last game/contest, including State Tournaments.

Attendance

If a student misses more than sixty minutes of the school day, he/she cannot attend practice. If the parent (or student over 18 years of age) does not call the office or write an excuse, the absence will be considered unexcused. Students are required to be counted as present by every teacher until the release time on game or performance days in order to participate on that day. The Athletic Director or the Principal may make exceptions for:

Medical appointments, Family emergencies, or Other special circumstances
A student suspended from school may not participate on the day they are suspended.

Practices, Contests, and Performances

A participant is expected to attend all school practices, team meetings, contests, and performances unless he or she is are ineligible or attending tutorial. If a participant finds it necessary to miss a practice, meeting, contest, or performance, he/she must make prior arrangements with the coach/advisor.

A participant shall not quit one activity and be eligible for another activity in the same season without the consent of the coach or advisor for each activity as well as that of the Principal or Principal's designee. Further, the student changing activities must be in compliance with the I.H.S.S.A. rules and regulations.

A participant is required to be neat, clean, and well groomed in a manner that does not cause disruption of the educational process, damage school property, or present health or safety problems.

Equipment

School owned equipment and uniforms, which are checked out to a participant in any activity, are the responsibility of that participant. Loss or misuse of equipment or uniforms shall be the financial responsibility of the participant to whom they were issued. Material assigned to one participant may not be used by any other participant.

Transportation

A participant shall travel to and from an activity in the School District vehicle when provided by the School District. A participant may be released to a parent/guardian/custodian if there is a written request by the parent/guardian/custodian and approval given, in advance, by the Principal/Designee. Such release does not include riding home with other students. No student may be released to ride home with another student or with anyone under the age of 21.

Discipline Procedures

If a student does not comply with the Extra-Curricular Activities Code of the McCall-Donnelly Joint School District, the Students' Responsibilities and Rights (Policy 3500), and the I.H.S.S.A. rules and regulations, he/she shall be subject to discipline.

If a student is to be removed from a practice or an interscholastic activity in excess of five consecutive school days, the advisor/coach imposing such discipline and the Principal/Designee shall informally review the proposed discipline prior to its imposition.

Ejection Policy

A player, coach or bench member of a team, who is ejected from a contest due to fighting, violent conduct, abusive, vulgar or profane language, shall be suspended for the remainder of the contest/game/match/meet, and shall be suspended for the next regularly scheduled event at that level of competition. In addition they will be required to complete the NFHS online sportsmanship course. A second violation shall result in suspension for the next two regularly scheduled contests. A third violation shall result in suspension for the remainder of that season. This penalty will carry over to the next I.H.S.S.A. sponsored event (I.H.S.S.A. Rule 4-3).

Vulgarity and Misconduct

Participants shall not swear or use obscene or vulgar language. If a participant engages in conduct detrimental to the activity, group, or school, he/she is subject to discipline. Participants should be positive and respectful towards all those with whom they associate.

Alcohol, Drugs, and Tobacco

It is the policy of McCall-Donnelly School District to prevent and prohibit the possession, use, sale, distribution, and/or intent of distribution of any illegal drug substance or controlled mood altering chemical (alcohol, tobacco, etc.), medication, look-alike drug or abused chemical by a student. In addition, we strongly discourage any student from attending a gathering where there are any illegal substances or activities.

The rules and regulations become effective once a student signs a McCall-Donnelly High School or Payette Lakes Middle School activities code, and shall apply to this student throughout his/her years of enrollment at either or both schools. A violation will be deemed to have occurred if (a) there is evidence that a violation has occurred, and/or (b) there is evidence which student(s) participated in the use, sale, or distribution of the substance, and (c) there is a consensus among the school administration, athletic director, and coach that (a) and (b) have been satisfied. **At McCall-Donnelly High School violations are cumulative for twelve months, after which time, if the student has not committed another offense, he/she begins again at step one. At Payette Lakes Middle School violations are cumulative from the first day of the activity throughout his/her career at that school.**

First Offense

The student shall immediately be suspended from competition for the number of contests equal to 15% of the total number of competitions for the entire season in all sports. In the event this results in a fraction of a contest, (e.g. 4 ½ contests) the suspension shall be served for the same fraction of the last contest (e.g. Basketball 4 Games 2 Quarters). The suspended student shall be required to attend all practices and games but will not be allowed to suit down for games/contests. Should less than 15% of the contests remain, the suspension shall carry over to the next activity that the student participates in. Participation in overnight trips will be at the coach's discretion. Reinstatement is contingent on meeting all the following criteria:

1. The student, parent/guardian/custodian, coach/advisor, principal and athletic director meet prior to the student's return to the activity.
2. The student will be required to have a drug and alcohol assessment within the initial 14-day period. The family will be responsible for arranging and paying for this test with a qualified drug analysis specialist. The student must comply with the recommendation of the initial assessment. Results will be shared with the principal, and remain confidential.
3. Random drug testing may be required if the assessment warrants the continued monitoring of the student. The district may pay for the costs of this test.
4. 10 hours of community service must be performed within 30 days. Community service will be assigned by the athletic director. If the community service is **not** completed within 30 days, the student will not compete further until the community service is completed.

The student shall continue to meet with the committee and take random drug tests. Imposition of these penalties shall occur when the administrator, coach, and student officially meet to discuss the offense.

Suspension days are served only during the competitive season and will carry over to the next school year for underclassmen not involved in another sport of the present school year. If a senior cannot fulfill his/her suspension days before graduation, he/she shall not attend the senior trip.

A student involved in the performing arts will not be allowed to perform in the next production.

Second Offense

The student shall immediately be suspended from competition for the number of contests equal to 50% of the total number of competitions for the entire season in that sport. In the event this results in a fraction of a contest, (e.g. 6.5 contests) the suspension shall be served for the same fraction of the last contest (e.g. Track: Six meets plus half the maximum events an athlete may participate in one other meet). The suspended student shall be required to attend all practices and games but will not be allowed to suit down for games/contests. Should less than 100% of the contests remain, the suspension shall carry over to the next activity that the student participates in. The student, parent/guardian/custodian, coach/advisor, principal and activities director shall meet prior to the student's return to the activity. Time to complete community service remains 30 days.

1. The student will be required to have a drug and alcohol assessment within the initial 14-day period.
2. The family will be responsible for arranging and paying for this test with a qualified drug analysis specialist. The student must comply with the recommendations of the initial assessment. Results will be shared with the principal, and remain confidential.
3. Random drug testing may be required if the assessment warrants the continued monitoring of the student. The district may pay for the costs of this test.
4. The student will be required to attend all practices and games. Participation in overnight trips is, as above, at the discretion of the coach.

Third Offense

The student shall immediately be suspended from competition for the number of contests equal to 100% of the total number of competitions for the entire season in that sport. The suspended student shall be required to attend all practices and games but will not be allowed

to suit down for games/contests, if their suspension ends in the middle of a season. The suspension shall carry over to the next activity that the student participates in. The student, parent/guardian/custodian, coach/advisor, principal and activities director shall meet prior to the student's return to a school activity. Time to complete community service remains 30 days.

The Athletic Review Board Appeals Process:

There shall be seven voting members. Six of the members shall be appointed at the beginning of the school year, and shall consist of the following:

1. Athletic Director as Board Chairman
2. Two students to be appointed by the by the Student Council
3. Two staff members appointed by the athletic director or principal, one to be a coach not involved with the athlete in question
4. One adult patron from the community (initially a pool of five patrons shall be appointed by the director to attend scheduled meetings)
5. The student appealing may ask for the appointment of one staff member of his/her choice as the seventh voting member

No suspensions will be carried over from the middle school to high school.

Transfers/Foreign Exchange Students

Transfer students must follow the state guidelines stated in I.H.S.S.A. Policy 8-14 regarding individual eligibility.

Foreign exchange students must follow the Foreign Exchange Student Transfer Form (I.H.S.S.A.) Policy 8-9.

District Regulations:

Students who participate in activity programs in the McCall-Donnelly School District shall be governed by the rules and regulations of the Idaho High School Activity Association, McCall-Donnelly School District's Responsibilities and Rights, and rules specific to each individual sport/activity. Copies of policies are available by request and must be signed by the student and parent/guardian prior to participation.

Signature page at the end of handbook.