

Payette Lakes Middle School Activities Policy INTERSCHOLASTIC ATHLETICS

There are many athletic opportunities for 7th and 8th graders at PLMS. 6th graders may participate in cross-country. A physical form must also be on file in the office prior to participation. Other requirements apply and a packet of information may be picked up at the office. Students are responsible for completing the required forms prior to participation in each activity. Available programs include football, cross country, volleyball, basketball, wrestling, track, and cheerleading. The McCall-Donnelly Activities Policy follows. Please review it carefully. Parent and student signatures for the handbook will also indicate agreement with the activities policy.

Activities sponsored by McCall-Donnelly Schools shall be for the benefit of all students. The activities and contests shall be psychologically sound, tailored to the participant's physical, mental, and emotional maturity levels. Activities are for all students who qualify under eligibility requirements and who adhere to the rules set forth by the State (I.H.S.S.A.) and local school officials. Participation in the activity program is a privilege, and shall contribute to the following:

1. The improvement of health, fitness, and general welfare of all individuals participating in a safe, well-supervised program,
2. The involvement of the maximum number of students in both supportive and active areas of participation (the middle school has a "no-cut" policy),
3. The teaching of new skills and the offering of opportunities to improve existing skills in order to promote skill and attitude development conducive to participation in lifetime activities.

District and I.H.S.S.A. Regulations

Students who participate in the activity programs in the McCall-Donnelly School District shall be governed by the rules and regulations of the Idaho High School Activity Association, McCall-Donnelly School District's Responsibilities and Rights (Policy 3500), and rules specific to each sport/activity. All ASB recognized clubs or organizations should be subject to these policies, rules, and regulations when appropriate. Each participant must purchase an athletic pass and have on file the following forms with student and parent/guardian/custodian signatures:

1. The Interscholastic Activity Code,
2. A physical or an interim form,
3. Insurance information,
4. Emergency information and release.

To release participation following an illness or injury serious enough to require medical care, a participating student must present to a school official a physician's written release and a "Return to Play" form.

Activity Eligibility

To be academically eligible for activities, a student must be enrolled full-time (at least five classes) and have received passing grades (2.0 with no F's). Students with an IEP may be eligible at the discretion of the principal and athletic director. Dually enrolled students must take the ISAT Test, and score at grade level, in order to participate.

Payette Lakes Middle School Academic Probation: Grades will be checked before practice begins for each sports season or when a student joins a team. If a student is academically ineligible, probation will be effective immediately. Fourth quarter grades from the previous year will be used for initial grade checks for fall sports. This includes 6th graders moving to 7th grade.

Each week grades will be submitted to the athletic director for review. Middle school students who are on academic probation will be required to attend assigned tutorials. During the first week of probation, he/she will be required to practice and compete in games and performances on non-tutorial days. There will be no exceptions. If, after the first week and second grade check, the athlete's grades are still not passing, he/she will be removed from probation and be subject to the "beyond the second two-week-no pass period procedures.

Beyond the Second Two-week No-pass Period

If the athlete has not raised his/her grade within the required time (one week for middle school), he/she will not be allowed to compete in games, but will still be required to practice. Tutorial is required. There will be **no exceptions**. At the middle school level, students will be allowed to participate in competitions when their grades are acceptable. This will be verified by the principal or athletic director.

Activity Season

The I.H.S.S.A. rules and regulations apply to each student during the defined activity season, which begins with the first practice and concludes with the last game/contest, including State Tournaments.

Attendance

If a student misses more than the first sixty minutes of the school day, he/she cannot attend practice. If the parent does not call the office or write an excuse, the absence will be considered unexcused. Student athletes are required to be in attendance the entire day on game or performance days.

Medical appointments, family emergencies or special circumstances will require approval of the Athletic Director or the Principal in order to practice or participate in a game.

A student suspended from school may not participate during the time of suspension.

Practices, Contests, and Performances

A participant is expected to attend all school practices, team meetings, contests, and performances. If a participant finds it necessary to miss a practice, meeting, contest, or performance, he/she must make prior arrangements with the coach/advisor.

A participant shall not quit one activity and be eligible for another activity in the same season without the consent of the coach/advisor, for each activity as well as that of the Principal/Designee. Further, the student changing activities must be in compliance with the I.H.S.S.A. rules and regulations.

A participant is required to be neat, clean, and well-groomed in a manner that does not cause disruption of the educational process, damage school property, or present health or safety problems.

Equipment

School owned equipment and uniforms, which are checked out to a participant in any activity, are the responsibility of that participant. Loss or misuse of equipment or uniforms shall be the financial responsibility of the participant to whom they were issued. Material assigned to one participant may not be used by any other participant.

Transportation

A participant shall travel to and from an activity in the school district vehicle when provided by the school district unless written permission from the principal or athletic director has been received in advance. A participant may be released to a parent/guardian of another student if there is a written request by the parent/guardian/custodian. Such release does not include riding home with other students. No student may be released to ride home with another student or with anyone under the age of 21. Forms are available in the office and on the school website.

Discipline Procedures

If a student does not comply with the Extra-Curricular Activities Code of the McCall-Donnelly Jt. School District, the Students' Responsibilities and Rights (Policy 3500), and the I.H.S.S.A. rules and regulations, he/she shall be subject to discipline. If a student is to be removed from a practice or an interscholastic activity in excess of five consecutive school days, the advisor/coach imposing such discipline and the Principal/Designee shall informally review the proposed discipline prior to its imposition.

Ejection Policy

A player, coach or bench member of a team, who is ejected from a contest due to fighting, violent conduct, abusive, vulgar, or profane language, shall be suspended for the remainder of the contest/game/match/meet, and shall be suspended for the next regularly scheduled event at that level of competition. A second violation shall result in suspension for the next two regularly scheduled contests. A third violation shall result in suspension for the

remainder of that season. This penalty is carried over to the next sport the following year. In the case of a senior student, the penalty will carry over to the next I.H.S.S.A. sponsored event (I.H.S.S.A. Rule 4-3).

Vulgarity and Misconduct

Participants shall not swear or use obscene or vulgar language. If a participant engages in conduct detrimental to the activity, group, or school, he/she is subject to discipline. Participants should be positive and respectful towards all those with whom they associate.

Alcohol, Drugs, and Tobacco

It is the policy of McCall-Donnelly School District to prevent and prohibit the possession, use, sale, distribution, and/or intent of distribution of any illegal drug substance or controlled mood altering chemical (alcohol, tobacco, etc.), medication, look-alike drug or abused chemical by a student. In addition, we strongly discourage any student from attending a gathering where there are any illegal substances or activities.

The above rules and regulations become effective once a student signs a McCall-Donnelly activities code, and shall apply to this student throughout his/her years of enrollment at McCall-Donnelly High School. **Violations are cumulative for one year, after which time, if the student has not committed another offense he/she begins again at step one.**

First Offense

The student shall be suspended from competition for one contest in football, cross country, track, and golf, and two contests in all other sports. Wrestling will not be required to miss more than one tournament. The suspended student shall be required to attend all practices and games but will not be allowed to suit down for games/contests. Participation in overnight trips will be at the coach's discretion. Reinstatement is contingent on meeting all the following criteria:

1. The student, parent/guardian/custodian, coach/advisor, principal and athletic director will meet prior to the student's return to the activity.
2. The student will be required to have a drug and alcohol assessment within the initial 14-day period. The family will be responsible for arranging and paying for this test with a qualified drug analysis specialist. The student must comply with the recommendation of the initial assessment. Results will be shared with the principal, and remain confidential.
3. Random drug testing may be required if the assessment warrants the continued monitoring of the students. The district may pay for the costs of this test.
4. 10 hours of community service must be performed within 30 days. Community service will be assigned by the athletic director. If the community service is **not** completed within 30 days, the student will not compete further until the community service is completed.

The student shall continue to meet with the committee and take random drug tests. Imposition of these penalties shall occur when the administrator, coach, and student officially meet to discuss the offense. Suspension days are served only during the competitive season and will carry over to the next school year for underclassmen not involved in another sport of the present school year. If a senior cannot fulfill his/her suspension days before graduation, he/she shall not attend the senior trip.

A student involved in the performing arts will not be allowed to go out for the next performance.

Second Offense

The student, parent/guardian/custodian, coach/advisor, principal and activities director shall meet prior to the student's return to the activity. Penalties double, including missed contests and community service. Time for completion of community service remains at 30 days.

1. The student will be required to have a drug and alcohol assessment within the initial 14-day period.
2. The family will be responsible for arranging and paying for this test with a qualified drug analysis specialist. The student must comply with the recommendation of the initial assessment. Results will be shared with the principal, and remain confidential.

3. Random drug testing may be required if the assessment warrants the continued monitoring of the student. The district may pay for the costs of this test.
4. The student will be required to attend all practices and games. Participation in overnight trips is, as above, at the discretion of the coach.

Third Offense

Penalties for the third offense will be the same as for the second offense.

The Athletic Review Board Appeals Process:

There shall be seven voting members. Six of the members shall be appointed at the beginning of the school year, and shall consist of the following:

1. High school/middle school principal as Board Chairman
2. Two students to be appointed by the Student Council
3. Two staff members appointed by the athletic director or principal, one to be a coach not involved with the athlete in question
4. One adult patron from the community (initially a pool of five patrons shall be appointed by the director to attend scheduled meetings)
5. The student appealing may ask for the appointment of one staff member of his/her choice as the seventh voting member

No suspensions will be carried over from the middle school to high school.

The rules and regulations become effective once a student first signs a Payette Lakes Middle School activities code and shall apply to this student throughout his/her years of enrollment at the middle school. Violations are cumulative from the first day of the activity throughout his/her career at Payette Lakes Middle School. Violations are not transferred to the high school.

District Regulations: Students who participate in activity programs in the McCall-Donnelly School District shall be governed by the rules and regulations of the Idaho High School Activity Association, McCall-Donnelly School District’s Responsibilities and Rights, and rules specific to each individual sport/activity. Copies of policies are available by request and must be signed by the student and parent/guardian prior to participation.

I have read and understand the PLMS Athletic Policy. I understand the rules and procedures. I also understand that changes may occur during the school year as a result of Board Policy.

Athlete Name (Please print)

Date

Athlete Signature

Grade

Parent Name (Please print)

Date

Parent Signature